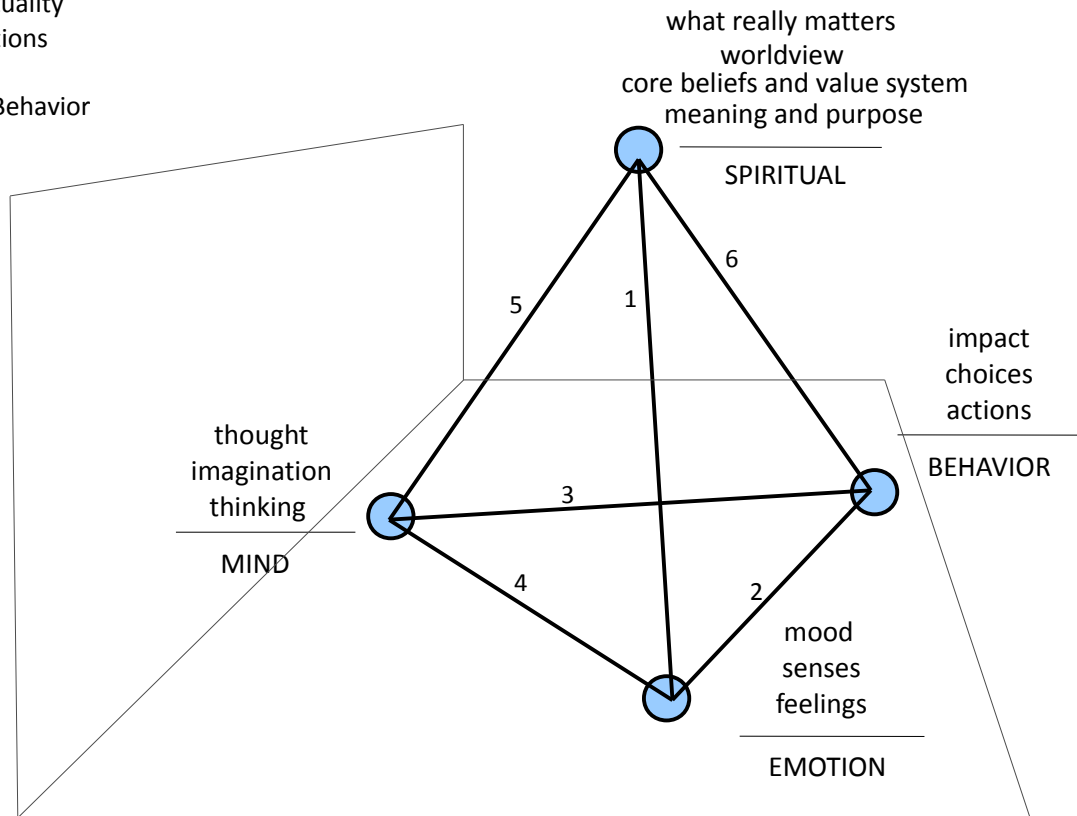


Think Act Feel Believe (TAFB) MODEL, 2013-02-04

FOUR HUMAN ATTRIBUTES

1. Spirituality
2. Emotions
3. Mind
4. and Behavior



SIX LINKAGES

1. Spirituality and Emotions
2. Emotions and Behavior
3. Behavior and Mind
4. Mind and Emotions
5. Mind and Spirit
6. Spirituality and Behavior

#	TASK	LINKAGE	OUTCOME
1	Vision (envision, dreaming a dream)	Spirituality and Emotions	Attachment
2	Expression (emotional energy, passion for life)	Emotions and Behavior	Vitality
3	Choosing (being "at choice")	Behavior and Mind	Mastery
4	Owning (engaging with emotional reality)	Mind and Emotions	Insight
5	Searching (examining what you think)	Mind and Spirit	Understanding
6	Values in action ("value-ing")	Spirituality and Behavior	Guidance

INTEGRATING THE FOUR ATTRIBUTES
