FOUR HUMAN ATTRIBUTES
1. Spirituality
2. Emotions
3. Mind
4. and Behavior

SIX LINKAGES
1. Spirituality and Emotions
2. Emotions and Behavior
3. Behavior and Mind
4. Mind and Emotions
5. Mind and Spirit
6. Spirituality and Behavior

INTEGRATING THE FOUR ATTRIBUTES

Adapted from “Within the Walls of Denial” R. Kearney

www.ehcounseling.com/materials/index.html