

“Passages Through Recovery”
by Terence Gorski

Stage	Description Notes	Step Work	Time Line
Active Addiction:		0	
Transition:		1	
Stabilization:		2	
Early Recovery:		3	
Middle Recovery:		4	
Late Recovery:		5	
Maintenance:		6	
		7	
		8	
		9	
		10	
		repeat refocus	
		10	
		11	
		12	

6-18 mo.

3-5 years