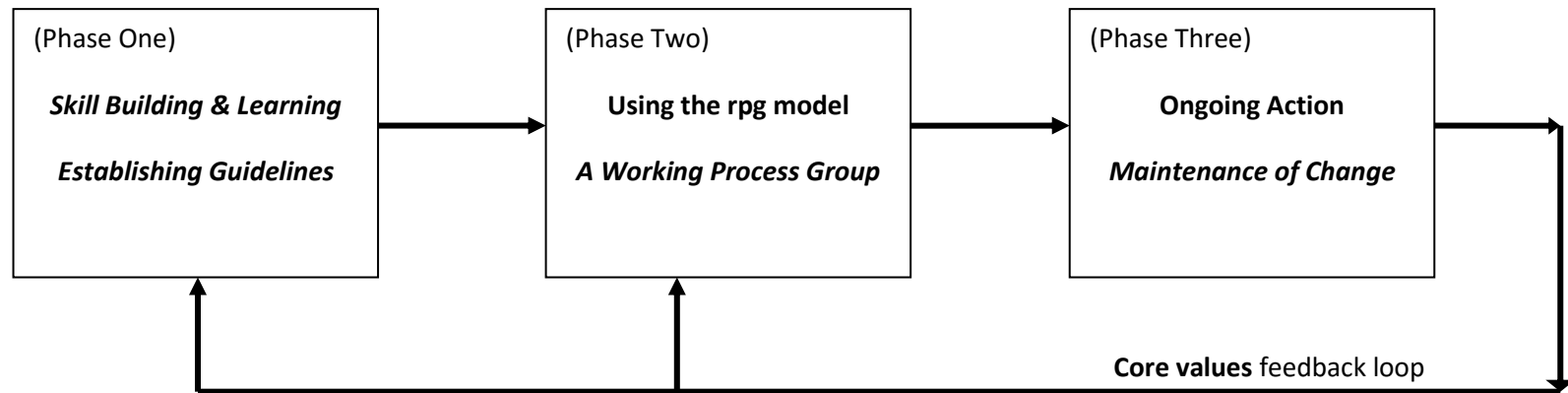


# Reconciliation Process Group (rpg) Overview



## Three-Phase Strategy for Change: *an approach to healing traumatic relational trauma*

Overview (<http://www.echohawkcounseling.com/how-rpg-works/>)

**Phase One** (<http://www.echohawkcounseling.com/how-rpg-works/rpg-reconciliation-phases/phase-1-outline/>) is designed to establish the guidelines necessary to build a group culture of healing. Learning the rpg model of healing is the primary focus along with the behaviors that build safety, respect, and dignity for each member in the group.

**Phase Two** (<http://www.echohawkcounseling.com/how-rpg-works/rpg-reconciliation-phases/phase-2-outline/>) is designed to build on the skills learned in phase-one. Group members use phase-one tools to find positive resolutions to the healing principles found in this model. The goal of positive resolution is to achieve balanced reconciliation, within the self and, when possible, with others. Structured support, guidance, and appropriate facilitation are all central for the healing traumatic relational wounds.

**Phase Three** (<http://www.echohawkcounseling.com/how-rpg-works/rpg-reconciliation-phases/phase-3-outline/>) seeks to provide long-term support to the individuals who complete phases one and two. Phase-three is task-oriented and encourages lifestyle changes, relationally and socially. Spiritual growth is encouraged as well, for strength on the road ahead.